

To Start

Seared Tuna / apple cranberry relish
baby arugula / flatbread cracker | 24

Spa Parfait / berries / house made granola
coconut yogurt / freeze dried raspberries (V) | 12

Nourish

Cobb Salad / romaine / baby kale / cucumber
hard-boiled egg / edamame / tomatoes
bacon / Kalamata olives / herb vinaigrette | 18

Bala Cranberry Poached Chicken Salad
baby arugula / sprouted grain bread | 18

Chickpea Sandwich / romaine
roast butternut squash / chickpea salad
red cabbage / carrots / multigrain bun (V) | 18

Indulge

Warm Chocolate Caramel Filled Cake
berries | 12

Chocolate Decadence Cake
berries (V) | 12

Refresh

Numi Organic Teas | 5
San Pellegrino Sparking | 5
Eska Still Water | 4

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