



spa rosseau

The Spa Rosseau menu reflects a balance of great flavours, artistic presentations and healthy choices, using the freshest ingredients.

Salads

Spinach Salad 16
asparagus / grilled halloumi cheese
sprouts / ginger chive dressing

Baby Kale 12
sundried cranberries
toasted pumpkin seeds / scallions
pumpkin oil ponzu dressing

Add to any salad:

7
chicken breast
grilled skirt steak
tiger shrimp
7
marinated tofu
cage-free poached egg

Desserts

Fruit Sorbet 6
Organic Whole Fruit 3

Drinkable **BioBest**® Yoghurt

Probiotic yoghurt smoothie provides a great way to refuel on the go.

Strawberry Banana BioBest® Smoothie 5
Acai Berry BioBest® Smoothie 5

*Each BioBest® Smoothie contains over 1 billion active probiotic cultures per serving.
As well, BioBest® probiotic cultures have been clinically shown to survive the digestive tract.*

Service charge 18% and delivery charge \$3.00 delivery charge will be added to your cheque. Prices do not include applicable sales tax.
If you have any concerns regarding food allergies, please alert the agent when ordering.

Appetizers

Milford Bay Smoked Trout 13
sprouts / cranberry relish / rustic bread

Cheese Selection 18
crackers / dried fruits / grapes

Fruit of the Moment 12

Vegetarian

Tempeh kebabs 18
tandoori-yoghurt marinated tempeh
mango relish / cucumber salad

House-made Vegetable Burger 14
roast portabello mushroom
red lentil / tomato / lettuce
potato scallion bun